ABCANEWSPOINTS

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Special Edition

Volume 70

Disasters and Emergencies —TOOL TIPS

Know what disasters and hazards could affect your area, how to get <u>emergency alerts</u>, and where you would go if you and your family need to evacuate. Make sure your family has a plan and practices it often. Download the <u>FEMA App</u> to get preparedness strategies, real-time weather and emergency alerts.

Order Free Preparedness Materials

Order free preparedness materials from <u>FEMA's online ordering platform</u>. These materials can be shipped directly to you at no cost.

Hazard Information Sheets

Use these two-sided information sheets to learn more about how to prepare for, keep safe during, and respond to hazards.

Hazard Information Sheets: <u>Download the Full Suite</u> or download individual sheets in English for

Active Shooter, Avalanche, Cyberattack, Earthquake, Extreme Heat, Financial Emergency, Flood, Hurricane, Landslide, Novel Pan-

demic, Power Outage, Thunderstorm, Lightning, and Hail Tornado,

<u>Tsunami</u>, <u>Volcano</u>, <u>Wildfire</u>, <u>Winter Storm</u>.

Download information sheets in additional languages for

Shooter, Avalanche, Cyberattack, Earthquake, ExtremeHeat, Flood, Hurricane, Landslide, Novel Pandemic, Power Outage, Thunderstorm, Lightning, and Hail Info Sheets, Tornado, Tsunami, Volcano, Wildfire, Winter Storm

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Are You Ready? Guide

This comprehensive guide provides detailed information on how best to prepare for disasters within families and communities. Learn general disaster preparedness tips and best practices to inform your planning.

Are You Ready? Guide in English or additional languages.



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Document and Insure Your Property (PDF)

Disasters are a matter of when, not if. Make sure you're prepared by documenting your property and ensuring that you have the insurance coverage you need.

Document and Insure Your Property in English or Additional Languages Know Your Alerts and Warnings (PDF)

When disaster strikes, know who to turn to for updates, alerts, and warn-This guide outlines the U.S. alert and warning systems and the information you can expect to receive from each source. **Know Your Alerts and Warnings** in English or Additional Languages



A Guide for Alerts and Warnings (PDF)

Learn what to do when you get a hazard alert at home or in the car! The Guide for Alerts and Warnings has information about 17 hazards, their alerts, and the protective actions you can take to stay safe. Download <u>A Guide for Alerts and Warnings</u> or order a booklet copy with a magnetic strip for the fridge



Safeguard Critical Documents and Valuables (PDF)

Be prepared for any disaster by safeguarding documents and valuables. This guide includes a checklist to help you prepare your documents should you need to file an insurance claim after a disaster. **Safeguard Critical Documents and Valuables** in English or Additional Languages



Build A Kit: After an emergency, you may need to survive on your own for several days. Being prepared means having your own <u>food</u>, <u>water</u> and other <u>supplies</u> to last for several days. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency. (See Next Page for FEMA Emergency & Disaster Preparedness List)

EMERGENCY & DISASTER PREPAREDNESS LIST

FEMA RECOMMENDED						
Batteries – for Radios; Cell Phones; Flashlights Battery Powered or Hand Crank Radio for Alerts				Moist Towelettes Non-perishable food for several days		
Can Opener				Water - One gallon per person, per day for		
Cell Phone Charger & Extra Battery				several days		
Dust Mask, Duck Tape & Plastic Sheeting to			Ш	Whistle to use to signal for help		
Section off Contaminated Areas Firsts Aid Kit -Bandages, Alcohol, Eye Wash,				Wrench or Pilers to turn off utilities		
Tweezers, Antibacterial Cream, etc.			H	Helmet, Head Protection Gear		
Garbage Bags & Plastic Tles						
Local Map						
Additional Items to Consider						
Allergy	Medication	Family Documents		Matches/Lighter	Shoes - All Weather	
Antacid:		Feminine Products		Mess Kit	Shovel	
Anti-dia	irrheal Meds	Fire Extinguisher		Pain Relievers	Sleeping Bags	
Antibac	terial Wipes	First Aid Book		Paper Towels	Socks - Waterproof	
Backpad	k - Waterproof	Flashlights		Paper, Pens & Pencils	Tent	
Bank Ac	count Info	Gas in Safety Can		Paper/Plastic Cups	Toothpaste	
Blanket	s	Glasses/Contacts		Paper/Plastic Plates	Toothbrushes	
Books, 6	iames & Toys	Gloves		Passwords	Towels - Bath	
Cash - E	ills & Coins	Hand Sanitizer		Pet Food, Bowl & Leash	Towels - Kitchen	
Clothes	- Extra Set	Handsaw		Pillows	Vehicle Registration	
Coat - A	II Weather	Infant Formula		Plastic Tarp	Washcloths	
Contact	Lens Solution	Insurance Policies		Pots & Pans	Water Canteen	
Diaper F	lash Cream	Knife		Portable Burner	Toilet Paper/Wipes	
Diapers		Laptop/iPad		Prescription Meds		
Disposa	ole Utensils	Laxatives		Sewing Kit		
Driver's License		Life Preserver/Jackets		soap		

To assemble your kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy to carry containers such as plastic bins or a duffel bag.

FOR MORE UP TO DATE INFORMATION, PLEASE SEE FEMA AT www.ready.gov



TORNADO • FLASH FLOOD • EARTHQUAKE • WINTER STORM • HURRICANE • FIRE • HAZARDOUS MATERIALS SPILL

To prepare for a storm, create a 72-hour emergency kit with essentials like water, non-perishable food, a first-aid kit, and a radio. Secure your home by checking for leaks, securing loose objects, and knowing your evacuation route. Also, keep important documents safe and have a list of emergency contacts. Here's a more detailed checklist: Emergency Kit (72-hour minimum):

- Water: At least one gallon per person per day.
- Food: Non-perishable, easy-to-prepare items.
- Flashlight and extra batteries: A reliable light source is crucial.
- First-aid kit: Bandages, antiseptic, pain relievers, etc.
- Radio (battery-powered or hand-crank): To stay in formed about weather updates.
- Whistle: To signal for help.
- Dust mask or cotton t-shirt: To filter the air.
- Plastic sheeting and duct tape: For sheltering in place.
- Personal hygiene items: Hand sanitizer, toilet paper, etc.
- Important documents: Identification, insurance, banking info, Copies of personal documents: Medication I ist, proof of address, etc.
- Cash or traveler's checks: In case ATMs are down.
- Sleeping bag or warm blanket: For each person.
- Medications (7-day supply): Plus any prescription glasses or hearing aids.
- Baby supplies: Formula, diapers, etc., if needed.
- Pet supplies: Food, water, collar, ID, if you have pets.

- Games and activities for children: To help them cope with stress.
- Multi-purpose tool: A helpful tool for various tasks.
- Home Security:
- Check for leaks and secure loose objects: Make sure your home is as sturdy as possible.
- Secure windows and doors: Board up windows or use plywood if needed.
- Know your evacuation route: Have a plan for leaving if necessary.
- Turn off utilities if necessary: Water and gas mains, and electricity at the circuit breaker.
- Move valuable items to a safe place: Out of the path of potential flooding or debris.
- Other Important Considerations:
- Emergency Contacts: Have a list of emergency contacts, including someone out of town.
- Stay informed: Monitor weather updates and emergency alerts.
- Help your neighbors: Encourage them to prepare and take CPR training.

Note: This checklist is a general guide. You may need to customize it based on your specific needs, location, and the type of storm you are preparing for.

A Tornado Watch is issued when a tornado is possible.

Know your safe place (storm shelter, basement, interior hall away from windows). Be ready to act quickly if a Warning is issued.

Be Prepared.

A Tornado Warning is issued when tornado is happening or about

Immediately seek shelter in your safe place!

Take Action!



weather.gov

Fornado Sheltering Guidelines

Seek the best available refuge area <u>innited</u>tately when a Tornado Warning is issued.

Your chance of surviving a tornado is excellent if you follow these guidelines.

WORST OPTIONS

BAD OPTIONS

GOOD OPTIONS

BEST OPTIONS

Mobile homes

Vehicles

Underneath a highway overpass

Large open rooms like gymnasiums

Manufactured housing

Interior room of a well-constructed home or building

Basement

Above or below ground Tornado Storm Shelter (NSSA/ICC 500 compliant)*

Specifically-designed FEMA Safe Room*

Find another option

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Stay in place until all clear

*Recommended by FEMA



STORM PLANNING TIMEL

A few days out

If the forecast calls for severe weather in a few days, start preparing now.



Make sure that you have emergency supplies



Know your safe places



Have a family communication plan

The day before

The day before, forecast accuracy continues to improve.



Adjust plans



Make sure your phone can receive WEAs



Ensure your shelter is clean and accessible

The day of

Remain vigilant and aware of any active Watches. A Warning may be issued at a moment's notice!



Remind your family of the communication plan



Know how to evacuate and/or get to safety from wherever you are



When a Warning is issued, you may only have seconds to take action!

weather.gov



Know Where to Go

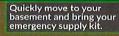
When Sheltering from a Tornado

If you have no basement, move to an interior room with no windows.

Top floor rooms DO NOT protect you.

Exterior rooms and rooms with windows DO NOT protect you.

NO PLACE OUTSIDE is safe from a tornado.









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